



PSYCHOTHERAPY in Puerto Vallarta, Mexico and the San Francisco Bay Area

Could you use help coping with the stress of life's challenges – illness, loss, relationships, marriage, divorce, moving, finances or retirement?

We all respond to these issues differently at different times, and this is where I can help.

I will support you by:

- Listening deeply to your needs, beliefs, values, fears and hopes
- Working with you to clarify your goals and options
- Helping you engage your loved ones in important and difficult conversations
- Exploring ways to cope with your challenges and integrate them into daily life
- Helping you find healing and peace in the face of a serious diagnosis, life change or other loss

I am happy to work with you in person or by telephone.

Qualifications

As a psychotherapist, life coach and ordained interfaith chaplain, I have worked with people facing illness and other life issues for more than 25 years in private practice and hospitals, most recently as a family-systems consultant at Kaiser Hospital in California. I also have trained more than 2,500 therapists in advanced education programs. For fun, I facilitate personal storytelling circles and enjoy watching the pelicans fly by my balcony.

To learn more about my work with patients with life-altering illnesses, please visit www.lynnrogers.com.

Dr. Rogers has a gift for asking patients the key question that unlocks their understanding of their current personal dilemma, be it medical, psychological or spiritual. The result is immediate progress in processing those existing issues.

ROBERT JOHNSON, M.D.
Chief of Palliative Care & Oncology
Kaiser Hospital, Walnut Creek, CA

I found Dr. Lynn to be caring, compassionate and competent, with a broad base of knowledge and experience. She also has a great sense of humor that easily puts people at ease. I believe her greatest strength as a therapist is her ability to inspire hope and self-acceptance.

ELIZABETH LEONARD-ISO
Marriage and Family Therapist
Patient/Client

■ Contact me with questions
or to schedule an appointment:
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