

## What are my current goals? What is my target date for each goal?

Your goals can be career-focused, or include other aspects of your life such as family, exercise and finances

Make sure they follow the SMARTER principle:

**Specific**

**Measurable**

**Achievable**

**Relevant**

**Timed**

**Evaluated**

**Reviewed**

You need to create a range of goals (short and medium) that will help you achieve your long term goals

- Ⓢ Set realistic target dates!
- Ⓢ Make sure you give yourself some breathing space to change the dates if you need to
- Ⓢ Once you have achieved your goals you need to set new goals

<b>Goal Type</b> Short, Medium, Long	<b>Goal Description</b>
<i>Short</i>	<i>Find a School to study</i>
<i>Short</i>	<i>Get accepted on to a course</i>
<i>Medium</i>	<i>Gain Qualification</i>
<i>Long</i>	<i>Gain Employment</i>

As you can see from the above table you set and achieve smaller goals to help you achieve your long term goals

## Goal Setting Sheet

<b>Goal Type</b> Short, Medium, Long	<b>Goal Description</b>

