

Get Away To Get Together

*"This weekend
breathed new life into
our relationship."*

Getting the Love You Want: A Weekend Workshop for Couples

Consider this workshop if you...

- Need a weekend to focus on your marriage away from all distractions, including home, family and work
- Are beginning a relationship you want to last
- Seek a deeper, richer relationship with your spouse or partner
- Have experienced conflict and want to understand the underlying reasons
- Are in a difficult relationship and want to resolve long-standing conflicts
- Have considered separation or divorce, and want to decide if your marriage or relationship can be saved
- Have considered seeing a marriage counselor

About Rod Kochtitzky, M. Div.

An experienced pastoral counselor and psychotherapist, Rod Kochtitzky (Kuh tit skee) has specialized in working with couples for more than 25 years. His ecumenical approach is designed to help couples and individuals of all faiths build lasting, mutually satisfying and rewarding relationships. Rod is a Fellow of the American Association of Pastoral Counselors and a Certified Workshop Presenter and Advanced Clinician of Imago Relationship Therapy.



In addition to his private practice, Rod leads workshops based on the best-selling relationship books by Harville Hendrix, Ph.D. Rod offers the *Getting the Love You Want* workshop for couples several times a year in the Middle Tennessee area. See www.rodtk.net for specific dates and details. Rod also presents workshops, seminars and classes focusing on interpersonal relationships, communication and understanding yourself and others to area businesses, churches and not-for-profits.

Rod holds a bachelor of arts in psychology from the University of the South in Sewanee, Tennessee, and a master's in divinity from the General Theological Seminary in New York City. He completed his training in psychotherapy at the Institutes of Religion and Health in New York City, and trained at the Institute of Relationship Therapy founded by Harville Hendrix. Rod has served on the boards of both the National Association of Imago Relationship Therapists and the Nashville Psychotherapy Institute. He also maintains a leadership role in the international Imago movement (www.imagotherapy.com).

Rod is married to Jane Hardy, career counselor and consultant for her company Career Resources. They live in Nashville with their two sons.

Getting The Love You Want

A Weekend Workshop For Couples



Imago...
A new way to love

Presented by Rod Kochtitzky, M. Div.
at DuBose Conference Center
Monteagle, Tennessee



"This was the most practical workshop I've ever attended. I feel we can really use the things we've learned here."

A Practical Approach

Getting the Love You Want: A Workshop for Couples is based on the **Imago Relationship Therapy*** approach developed by Harville Hendrix, Ph.D., author of *Getting the Love You Want: A Guide for Couples*. This practical approach helps married and unmarried couples rediscover the joy and spiritual potential of being together and use this understanding to develop a deeper, richer relationship.

* www.imagotherapy.com

What to Expect

The weekend workshop combines teaching and demonstrations with one-on-one work sessions where you and your spouse or partner explore your personal needs and experiences and share them with each other. Confidentiality is strictly maintained, and no one shares anything during group sessions except by choice.

You and Your Partner Will Learn:

- Why you were attracted to each other
- Why some of your personal expectations of marriage are not met
- How to identify the true sources of conflict in your relationship
- How to use conflicts as pathways to closeness, healing and growth
- How to create the security and closeness needed to build a lasting marriage
- How to break through illusions and projections to develop a relationship rooted in real love
- How to end destructive cycles and communicate in constructive ways
- How to manage intense negative feelings, such as anger, jealousy and distrust
- How to focus on maintaining love and stability rather than on arguing
- To view your partner with greater compassion and understanding
- To regain the joy, fun and closeness in your relationship

A Peaceful Setting

The DuBose Conference Center is located in Monteagle, TN, only 90 miles from Nashville and 50 miles from Chattanooga. The Center's lodging fee (about \$215) includes two nights' accommodations and three meals. Check out: www.DuBoseConf.org or call (931) 924-2353.

Is This Weekend Right for You? Find Out Now!

Rod's couples' workshops, beginning on Friday evening and ending late Sunday afternoon, are offered 6 times per year, usually in January, March, May, July, September and November. Visit Rod's website www.rodk.net for details and specific dates. If using the Internet is not an option, please call (615) 385-3838.

Ready to Enroll?

You may enroll one of two ways:
 Print the registration form at www.rodk.net and mail it along with a check, or register and pay by credit card online at www.rodk.net.

Throughout 2011 tuition per couple is \$750, if you register at least two weeks prior to the workshop and \$795 after that. Consult the website for the latest information. After we receive your registration, we will mail you a letter of acceptance within five business days. The letter will provide directions to the conference center and more details about the workshop.

Visit www.rodk.net for up-to-date details.

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Imago... A new way to love

