



# **MCLEAN HIGH SCHOOL CREW CLUB**

**Weekly News, January 19, 2010**

*Dates to Note:*

**March 27 – April 2: Camp Cooper**

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## **Camp Cooper Spring Break March 27- April 2**

Spring Break seems a long way off...10 weeks to be exact, but many may be wondering what's in store for them over Spring Break.

The kids/chaperones will leave early Saturday morning and will travel by coach to sunny (we hope!) Camp Cooper in South Carolina. We will stop and eat lunch (kids will be asked to bring a bag lunch and we'll provide drinks and snacks for the bus ride). Upon arriving, the kids will rig the boats and get in a practice before dinner.

We will be staying at the R.M. Cooper 4-H Leadership Center, which is part of Clemson University's Youth Leadership Institute. The kids and chaperones will sleep in dorms with each dorm containing large rooms that sleep between 14-28 kids in bunk beds. Each dorm (girls and boys) will have its own bathroom. Kids will need to bring a sleeping bag or bed linens (a detailed packing list will be provided).

Meals will be provided by the camp and will include breakfast, brunch, snack and dinner. Their days will be BUSY but there will be time for evening activities including volleyball, softball, movie night, campfires, etc. We will also plan to go out to dinner on the last night before returning home. The typical daily activity is as follows:

6 AM	Breakfast Snack
6:00 – 9:30 am	ROW!
10 AM	Brunch
12-2 PM	ROW!
2-3 PM	Afternoon Snack
3-5 PM	ROW!
6 PM	Dinner
7 - 9:30 PM	Evening Activity
10 PM	Curfew

We will depart South Carolina early on Friday, April 2. We will stop at Sandy Run Park in Occoquan to rig and row prior to Saturday's Walter Mess Regatta. The food tent will provide a meal for the team prior to returning to MHS early that evening.

We will have plenty of chaperones for the week. They will stay on-site with the team for the entire week and each chaperone will be assigned approximately 10 rowers. As a parent, you will know who your child's chaperone is and you may contact him/her by phone or email.

More details to follow! Although we don't know exactly, the cost for Camp Cooper 2009 was \$450.00. If you have immediate

questions, call or email Laura Warren: 703 [448-8364](tel:7034488364)/[meadowmac@aol.com](mailto:meadowmac@aol.com).

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*Thanks to everyone who provided input for this newsletter. Please contact me at [ptapscott@mathematica-mpr.com](mailto:ptapscott@mathematica-mpr.com) or at (571) 243-2663 if you have information for next Monday's newsletter.*