

MEDIA RELEASE

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U.S. Paralympic Gold Medalist to Present Prosthetics Course *Local Prosthetics & Orthotics Firm Brings National Sport and Fitness Clinic to Montgomery*

U.S. Paralympian Brian Frasure's athletic achievements say it all. With a personal best of 11.10 seconds in the 100m, and having finished second to teammate and world record holder Marlon Shirley in 2004, Frasure entered the 2008 Paralympic Games as a gold medal threat. When he crossed the finish line in Beijing behind South Africa's Oscar Pistorius and teammate Jerome Singleton, he had earned a bronze medal. His medal grab was not over, however, as Frasure was part of the 4 x 100m relay team that struck gold last year.

Frasure's veteran leadership has proved to be an asset on the track. He has helped lead himself and his teammates to two gold medals (gold/4x100m relay & gold/4x400m relay) at the 2004 Paralympic Games in Athens, Greece, plus a silver in the 100m and bronze in the 200m. As if that weren't enough, he also has proven to be an asset off the track too as Today, Frasure works as a regional clinical prosthetist with Össur, a maker of non-invasive orthopaedics based in Iceland. As part of his duties, he travels over 100,000 miles a year conducting prosthetic courses while maintaining a rigorous training schedule that keeps him at the top of his game.

Frasure will be making a stop in Montgomery on Tuesday, February 10th to conduct an *Amputee Sport and Fitness Clinic* co-sponsored by Alabama Artificial Limb & Orthopedic Service, Inc. (AAL&OS) and Össur. The clinic is designed to benefit AAL&OS' own prosthetists as well as local amputee athletes, physical therapists, and other allied healthcare professionals. In addition, several Wounded Warriors are scheduled to participate.

"We're excited to be able to bring this world-class running clinic to this area," said Glenn Crumpton, CPO and president of AAL&OS. "I know it will provide amputee athletes with a valuable opportunity to learn training techniques for advanced prosthetic activities, and it will arm therapists with the know-how needed to help their own patients excel in physical activities."

The clinic will be held at Metro Fitness located at 7150 Halcyon Park Drive in Montgomery. Physical therapists, allied health professionals, and amputee athletes should arrive by 12:00 noon for a lunch provided by *TeamAAL&OS* before the course begins at 1:00 p.m. There is no charge for guests of AAL&OS, but those attending are asked to reserve your seat in advance by calling the Montgomery office at 284-0250.

Alabama Artificial Limb & Orthopedic Service, Inc. (AAL&OS) is located at 1223 East South Boulevard in Montgomery. The company is a proud sponsor of the Wounded Warrior Project, an organization that works to honor and empower severely injured service men and women returning from the current military conflicts abroad. The company also has offices in Opelika and Selma.